

# City CONNECTION

April 11, 2012

*A Weekly Publication for City of Phoenix Employees*

## Mayor launches Skin Cancer Awareness Campaign April 16

More than 1 million people are diagnosed with skin cancer annually, making it the most common of all cancers. Chances are you know someone who has been diagnosed with skin cancer.

It is a serious problem, which is why Mayor Greg Stanton is launching his "100-Day Skin Cancer Awareness Campaign for City Employees." The campaign, April 16 through July 24, will include educational webinars, Brown Bags and two options for free skin-cancer screenings.

**Option 1** - Free preventive skin cancer exams performed by dermatology professionals from Banner Health. These exams are intended for the most heavily exposed areas such as hands, arms, neck, face and scalp. Employees are invited to stop in at any of the locations and times below (no appointment required):

Day	Date	Location	Address	Room	Time
Monday	4/16	Aviation	Terminal 3	PAAB	9 a.m. – 2 p.m.
Tuesday	4/17	Union Hills Service Center	138 E. Union Hills Drive	Building B	6:30 – 9 a.m.
Wednesday	4/18	Fire Training Academy	2425 W. Lower Buckeye Road	Signage in lobby	6:30 – 9 a.m.
Thursday	4/19	Personnel Building	135 N. Second Ave.	1 <sup>st</sup> floor test room	8 a.m. – 1 p.m.
Friday	4/20	Glenrosa Service Center	4155 W. Glenrosa	Assembly room	6:30 – 9 a.m.

**Option 2** – Employees with city medical coverage can see a dermatologist between April 16 and July 24 for a preventive skin cancer exam and have the \$35 specialist co-pay reimbursed, untaxed, on their paycheck. For a form and instructions, visit [employee.phoenix.gov/hr/benefits/index.html](http://employee.phoenix.gov/hr/benefits/index.html)

If you have questions about the campaign, send an email to [be.healthy@phoenix.gov](mailto:be.healthy@phoenix.gov) or call 602-262-4777.

## Nationwide representative visits downtown April 25-26

Chances are, you are investing through the city of Phoenix 457 and 401(a) Plans to have enough assets to keep your standard of living when you stop working.

There's no guarantee that will happen but Nationwide Retirement Solutions, the administrator of the city's 457 and 401(a) Plans, suggests that you have a specific goal. For example, the Department of Labor says you may need to replace 70 percent of your income or more. A new study from the Center for Retirement Research suggests the amount should be closer to 80 percent.

Angie Diaz-Pavich, a local Nationwide plan service representative, will be available from 8:30 a.m. to 4:30 p.m. Wednesday and Thursday, April 25-26, at the Personnel Building, room 400-B, to meet with

employees. She can help you determine if you are contributing enough to your Plans account to meet your goal, review your account, provide information about the city's plans, explain retirement planning tools on Nationwide's phoenixdcp.com website and more.

Appointments are encouraged. To make an appointment, call Nationwide's Phoenix office at 602-266-2733. If neither date is convenient, an appointment can be made to fit your schedule. Please be sure you obtain supervisor approval if you wish to meet with a Plan Representative during your normal work shift.

*Information from plan service representatives is for educational purposes only and is not intended as investment advice.*

### **Buy fresh produce at co-op prices delivered weekly**

You can purchase healthy produce at low co-op prices with no commitment by placing an order with Arizona Healthy Harvest Co-Op.

You'll receive a basket of conventional produce for \$15 or a basket of organic produce for \$25. You decide week to week whether you want to purchase a basket or not – it's up to you.

On weeks when you wish to order a basket, do so by 2 p.m. Tuesday at azhealthyharvest.com. Select "City of Phoenix" and add a basket to your cart. Pay online by credit card, debit card or Pay Pal account and print your receipt. The first time you order you'll pay a one-time \$3 co-op membership fee.

To pick up your order, bring your receipt and a bag or container for your produce to the Personnel Building's first floor test room between 7:30 and 8:30 a.m. Wednesday morning.

Produce baskets are half vegetables and half fruit and vary by season. They may include lettuce, tomatoes, apples, broccoli, oranges, cauliflower, onions, potatoes, carrots, berries and bananas.

A maximum of 50 baskets can be ordered each week. For more information, visit the Healthy Harvest website or call 480-292-4903.

### **NEWS BRIEFS**

**National "Take Our Daughters and Sons to Work" is April 26.** Because of the impact that student absences have on local schools, area school districts have requested that parents and businesses delay their participation in the event. If employees wish to participate in the observance, please bring your children to work on the city's alternate day of June 14. If you have questions, please consult your supervisor.

**Employee can help Starlight Park get a basketball court with an assist from Sprite and the National Recreation and Park Association.** The park is the only court in Arizona competing for up to \$15,000 in grant funding for such improvements as resurfacing the court with an acrylic coating, new shade trees and drinking fountains. For more information on how you can vote to help the park, visit SpriteSparkParks.com.

### **PEOPLE**

**Paula Alberts**, executive director of the Phoenix Employment Relations Board (PERB), is retiring. Join her for a retirement celebration from 11:15 a.m. to 2 p.m. Tuesday, April 24, at the PERB Office, Historic City Hall, second floor. Donations are being accepted for a gift. Please contact Kathy Schmidt at kathy.schmidt@phoenix.gov or call 262-4081.

### **MARK YOUR CALENDAR**

**Wednesday, April 25** – Phoenix Hispanic Network luncheon. Topic, "The Total Hiring Package: Résumé Outfit and Interview." 11:45 a.m. to 1 p.m. Sky Harbor Airport CNRP Conference Room. To register, send an email to Rose Kitterman at rose.kitterman@phoenix.gov or call 602-534-7504 by April 23.

*City Connection is published every week for city employees by the Public Information Office, 12th Floor, Phoenix City Hall, 200 W. Washington St., Phoenix, AZ 85003. For more information about the publication or to submit story ideas, email cconnect@phoenix.gov or call 602-262-6213/TTY 602-495-2432.*